

# SH'ZEN SPECIALS SEPTEMBER 2016

All specials while stocks last.  
Neighbouring countries add 20% to prices.

LIGHT  
UP YOUR  
SKIN  
*with our  
targeted  
skincare*

Spring  
IS  
HERE

MAKEOVER  
YOUR FEET  
FOR SUMMER



[www.shzen.co.za](http://www.shzen.co.za)

**GET YOUR BODY BACK WITH OUR 8-WEEK DETOX PROGRAMME**

# GROW YOUR INCOME



BECOME FINANCIALLY INDEPENDENT NOW!

Join Sh'Zen with our **FREE\* Foot Start Up Kit** and start your own home business selling the products everyone loves. **It will change your life!**

## IT'S SO EASY!

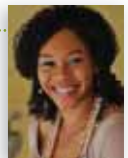
Simply speak to your consultant or download an enrolment form on [www.shzen.co.za](http://www.shzen.co.za). Then start collecting orders and earning commission!

\*Terms and conditions apply. Excludes R95 enrolment fee. Bag and products may vary depending on stock availability.



**FREE!**  
Valued at more than R2 700

"What I love about Sh'Zen is that it has world-class products that really work, I get to set my own hours so I am fully available for my children, and I earn good money and can afford the beautiful things I desire. Through Sh'Zen I have discovered the joys of being in control of my life... and knowing that I have an unlimited earning potential is simply the cherry on top." – Fina



"Besides enjoying a healthy income and wonderful overseas holiday incentives, I have made lifelong friends in some of my customers, consultants and team leaders. In all I got far more than I had bargained for when I joined this company – it is simply one of the best decisions that I have ever made!" – Heather



"Never in my wildest dreams did I think I could achieve so much in my later years. I've been tremendously blessed to be able to enjoy my family, a great team and financial independence. Dealing with products that spoil women is very rewarding." – Grace



"It took me a long time to decide to join and, when I did, only three years to win three overseas trips – something I could never have afforded on my own. Why don't you join? You have nothing to lose and only lots to gain. I most certainly did and so can you." – Karen



# Get your body back NOW!

Get bikini ready in time for summer with these top detoxifying and cellulite-busting products.



## YOUR COMPLETE 8-WEEK DETOX KIT

● The **Skin Stimulator** improves circulation to give you a toned, firmer shape.

● The **Detoxifying Body Wash** (200ml) contains active essential oils that detoxify and tone problem areas.



● The **Cellulite Control Bath Crystals** (250g) have purifying properties that assist your body in releasing toxins and excess fluids.

● The **Upper Arm & Leg Contour Gel** (150g) eliminates excess fluids and strengthens connective tissue to leave skin looking firmer and smoother.

● The **Deep Tissue Anti-Cellulite Oil** (50ml) visibly reduces the appearance of cellulite and works to smooth, firm and redefine problem areas.

**ALL 5  
FOR  
R499  
SAVE  
R486**



## YOUR WEIGHTLOSS SUPPLEMENT

Maximise your detox programme with our bestselling **Cellulite Control Capsules** (60).

- ELIMINATE TOXINS
- BOOST CIRCULATION
- REDUCE CELLULITE
- SPEED UP METABOLISM
- IMPROVE BODY CONTOURS



**2 FOR R259 SAVE R239**

## YOUR 8-WEEK DETOX PROGRAMME

### IN THE MORNING

- Take 1-2 Cellulite Control Capsules
- Shower using the Detoxifying Body Wash and Skin Stimulator
- Once dry, apply the Upper Arm & Leg Contour Gel

### IN THE EVENING

- Enjoy a bath using the Cellulite Control Bath Crystals
- After your bath, dry body brush using the Skin Stimulator
- Finally, massage in the Deep Tissue Anti-Cellulite Oil

Follow this programme daily for two weeks then break for 3-4 days before continuing again. Do the above for a total of 1-2 months (8 weeks) depending on your individual needs.

# CLEANSE & *energise*

Boost your weightloss programme and your energy levels with these purifying products that eliminate toxins and decrease water retention to promote a lighter, more streamlined you.

Restore healthy digestive function with the **Digestive Aid Massage Oil** (50ml). It contains a powerful blend of purifying essential oils that work to:

- ✓ Cleanse the digestive system
- ✓ Ease indigestion, colic and nausea
- ✓ Relieve bloating
- ✓ Promote toxin elimination
- ✓ Reduce water retention

*"Ever since I started practising stomach massage using the Digestive Aid, I feel so much more comfortable, my energy is higher and it's rare that I experience IBS." – Louise*

**ONLY  
R129  
SAVE  
R60**



SH'ZEN **SEPTEMBER** 2016

The **Detoxifying Bath Crystals** (300g) help to enhance muscle tone, reduce water retention and fight cellulite build-up – all while you enjoy a relaxing bath.

- **White Birch extract** is a strong diuretic and circulation booster that helps to cleanse the lymphatic system and reduce the accumulation of toxins in the body.
- **Grapefruit essential oil** has powerful purifying and toning properties, and its sharp, fresh fragrance lifts the spirits and imparts a renewed zest for life.

**ONLY  
R119  
SAVE  
R90**



SH'ZEN **SEPTEMBER** 2016

The **Pamplousse Cleansing Gel** (200ml) and **Pamplousse Massage Bar** (180g) are a fresh, energising way to start your day!

- **Grapefruit** and **Orange** have stimulating and purifying properties that work to tone skin.
- **Honey** and **Green Tea** are filled with rejuvenating antioxidants.
- **Massaging nubs** on the soap help to boost circulation.



**BOTH  
FOR  
R189  
SAVE  
R109**

# HELLO SUNSHINE

GET SET FOR SUMMER WITH THESE SUNCARE ESSENTIALS.

ONLY  
R129  
SAVE  
R100



## PROTECT

The **Sun Protective SPF 20 Lotion** (150ml) is a fragrant sunscreen that protects skin from harmful UVA and UVB rays. Moisturising Tahiti Flower Extract and Shea Butter keep skin soft, while Peppermint, Lemon, Lavender and Lemongrass essential oils have natural antiseptic and cooling properties that soothe and re-energise skin.

# 2

## SOOTHE

Apply the **After Sun Soother** (100ml) to taut, burnt skin to reduce inflammation and rebalance moisture levels. Light and easily absorbed, it contains Menthol, which has an instant cooling effect on skin, and Bisobolol, a concentrated form of Chamomile that calms skin and regenerates damaged tissue.



2 FOR  
R189  
SAVE  
R189



# HEALING CARE

ENSURE SKIN STAYS SOFT AND COMFORTABLE IN THE HEAT WITH THIS NURTURING EMOLIENT.

TOP  
SELLER



The **Rehydrating Bath** (125ml) is the perfect balm for dry, inflamed or flaky summer skin. It's made from the finest imported waxes and is enriched with Shea Butter, known for its deep moisturising benefits as well as its anti-inflammatory properties. Use it to:

- ✓ Lock in **moisture**
- ✓ Soothe irritation
- ✓ Restore elasticity
- ✓ Heal dry, cracked, flaky skin

ONLY  
R139  
SAVE  
R60

*"This is my miracle product. It moisturises, it comforts, it heals." – Allison*

# THE SECRET TO radiance

*"My all-time favourite. The gentle exfoliation is perfect for my sensitive skin and has helped even out my complexion considerably. My skin looks and feels so much healthier!"*  
— Joy



## REGENERATE

The **PhytoExquisites™ Regenerating Enzyme Gel** (50ml) gently refines skin to give it a luminous, healthy glow.

- ✓ Pineapple and Paw Paw provide a **gentle resurfacing action**
- ✓ Kombuchka™ improves the **radiance** and **vitality** of skin
- ✓ The PhytoExquisites™ trio **nourish** and **rejuvenate** skin
- ✓ Aloe Ferox **nurtures** and **protects**
- ✓ Rosehip and Blackcurrant oils **hydrate** and **repair**
- ✓ Frankincense and Sandalwood oils **restore moisture** and **tone**

**ONLY R189**  
**SAVE R130**



Get luminous, younger-looking skin in an instant with these PhytoExquisites™ anti-ageing favourites.

## UPLIFT

The **PhytoExquisites™ Floral Hydrating Mist** (125ml) contains a revitalising blend of essential oils. Use it after cleansing to balance and rehydrate skin, and let its floral scent lift your spirits.

*"It's an instant thirst quencher for dry skins that keeps my complexion supple and dewy."*  
— Marianne Campbell, beauty consultant

**ONLY R159**  
**SAVE R50**



FOR NORMAL, DRY AND MATURE SKIN

## ILLUMINATE

The **PhytoExquisites™ Radiant Serum** (30ml) is the strongest tool in your anti-ageing kit and is packed with powerful vitamins and minerals that support and revitalise skin. Use it to:

- ✓ Plump up and hydrate skin
- ✓ Improve elasticity
- ✓ Minimise blemishes
- ✓ Refine and retexturise skin
- ✓ Restore youthful radiance

FACE LIFT  
in a bottle



**ONLY R209**  
**SAVE R200**

# SAY HELLO TO CLEAR SKIN

Our high-treatment **Natural Essence™ range** blends restorative essential oils to calm, purify and rebalance problem skin.

**ONLY R189**  
SAVE R60



## 1 CLEANSE

Cleansing twice a day is the first step to beautiful, healthy skin – and the **Natural Essence™ Purifying Cleansing Wash** (125ml) is the perfect natural foaming gelwash for all oily and combination skin types. It has a delightfully fresh scent and works to thoroughly cleanse skin without stripping it of essential moisture.

### BEAUTIFUL BENEFITS

- **Controls** the spread of spot-causing **bacteria**
- **Decongests** pores and **purifies** skin deep down
- **Regulates sebum** output to treat excess shine
- **Calms** and **rebalances** skin
- **Nourishes** and **restores** skin

*“This cleanser has a divine fresh scent of citrus fruits and it leaves my skin feeling fresh, calm and clean.”*  
– Karinda Ristic, Destiny Connect



## 2 TONE

Use the **Natural Essence™ Balancing Toner** (125ml) to complete your cleansing routine and help clarify skin. It'll not only freshen your face, but its zesty scent will delight the senses.

- ✓ Astringent **Witch Hazel** works to refine and tone pores
- ✓ **Bergamot** and **Cypress** control excess oiliness
- ✓ **Lavender** and **Camphor** soothe and calm red, inflamed skin
- ✓ **Grapefruit** stimulates circulation and tones skin

*“Not only does the Balancing Toner lift my mood with its beautiful fragrance but it's also helped to minimise the redness and shine that I normally have. I carry it with me wherever I go to soothe and calm my skin!”* – Zola



**ONLY R149**  
SAVE R40

# GENTLECARE™ FOR sensitive skin

The nurturing **GentleCare™ range** is packed with healing botanicals to give delicate skin an extra dose of soothing TLC.

## 1 Cleanse

The **GentleCare™ Ultra Calming Cleansing Cream** (125ml) cleanses and nurtures sensitive skin in total comfort. Sweet Almond Oil helps to dissolve make-up and impurities from the face and eye area and restore wellbeing to skin, while the anti-inflammatory oils of Chamomile, Lavender, Rosewood and Sandalwood help to minimise discomfort, calm and cool inflammation and reduce redness.



**ONLY R189  
SAVE R70**



## 2 Tone

Spritz on the **GentleCare™ Soothing Plant Mist** (125ml) to restore skin's health and vitality. It's packed with cooling, anti-inflammatory essential oils that work to refresh red, swollen and sensitive skin within minutes.



**ONLY R159  
SAVE R30**

FOR SENSITIVE SKIN

## Soothe

The **GentleCare™ Stress Relief Cooling Gel Mask** (75ml) contains Cucumber, Chamomile and Calendula to offer instant relief to sensitised skin.

Relieve discomfort and irritation

Reduce puffiness and redness

Provide intense moisture

Soothe sunburn

Strengthen and protect skin

Speed up healing and recovery



**ONLY R99  
SAVE R190**

when you buy one of the other GentleCare™ products on special

**FIRST AID FOR SKIN**

### Did you know?

The average woman will experience skin sensitivity at some stage in her life because of hormonal changes. The

**GentleCare™ range** is specially formulated for sensitive skin with blue Azulene, a natural anti-inflammatory derived from the Chamomile flower.



# Relax and KEEP CALM

ONLY  
R119  
SAVE  
R90



Boost your mood and leave your skin soft, supple and smelling gorgeous with the nurturing **Destress Lotion** (125ml).

- **Shea Butter, Jojoba** and **Wheatgerm** nourish skin and supplement its natural moisture levels.
- **Green Tea Extract** is a powerful antioxidant that has anti-ageing and anti-inflammatory properties.
- **Melissa, Rose Geranium** and **Lemongrass** have soothing, stress-relieving properties that work to balance the nervous system and lift the spirits.

*"This is my favourite body cream that I use every day. I love how the feelgood fragrance stays with me the whole day long."* – Gwendoline



Refresh, revive and restore your spirits with just one spritz of the **Destress Mist** (50ml). Its delicate blend of essential oils brings release from tension and sorrow, balances mental exhaustion and restores a zest for life. Spritz it liberally wherever you need a burst of energy and a release from stress and anxiety.

*"The Destress Mist is an 'aaahhhh' inducing must have for your hand bag ... I call it 'emotional therapy'."* – Heather, beauty blogger

ONLY R99  
SAVE R60



*"I always struggle to stay focused on one thing at a time, but this was a great help when I was preparing for my mid-year exams. The aroma not only helped with memory retrieval, but it calmed my nerves so that I felt more relaxed and confident."* – Shannon

## NATURAL MEMORY AIDS

- **Lemon** brings clarity of thought and combats mental fatigue.
- **Basil** strengthens memory recall and counteracts indecision.
- **Geranium** relieves tension.
- **Peppermint** refreshes and stimulates concentration.
- **Rosemary** invigorates memory and helps us to cope with overwork and exhaustion.

2 FOR  
R149  
SAVE  
R149



# Find your FOCUS

Scent is the only one of our five senses directly hard-wired to the brain, and is known to provide strong emotional stimuli. The Sh'Zen **Study Aid AromaMemory Oil** (10ml) harnesses its power to:

- ✓ HELP RESTLESS KIDS CONCENTRATE
- ✓ CALM NERVES PRE-EXAMS
- ✓ KEEP YOU FOCUSED FOR LONGER
- ✓ ENHANCE YOUR MENTAL CLARITY
- ✓ STIMULATE RECALL

# Get FEET sandal ready

Makeover your feet for summer with this skin-softening duo.

**1 Smooth & soften**  
For feet that feel as good as they look, use **The Exfoliator** (125ml), a thick, gritty scrub that smooths and nourishes feet to leave them feeling soft and looking beautiful.

**ONLY R149**  
**SAVE R60**



\* **Ground Almonds** provide strong exfoliating action, while **Honey** softens, nourishes and repairs.

**2 Deodorise & nourish**  
**The Moisturiser** (125ml) keeps feet soft, supple and smelling fresh.

**ONLY R149**  
**SAVE R50**



\* **Plant oils** moisturise and condition feet while **Coltsfoot and Oak extracts** absorb excess moisture



*"I love massaging this into my hot, swollen feet after a long day at work. It freshens and cools them, and has helped to boost my circulation and improve their overall health." – Sonja*

Perfect for travellers, pregnant women and for people whose work involves standing for long periods of time.

# TREAD lightly



Massage tired, swollen feet back to health and happiness with the ultra-cooling and refreshing **Revitaliser for Feet** (75ml). Non-greasy and easily absorbed, it contains Peppermint, Witch Hazel and Wild Chamomile to:

- ✓ **Instantly cool** hot, tired feet
- ✓ **Reduce** pain and swelling
- ✓ **Relieve** discomfort
- ✓ **Re-energise** and invigorate

**2 FOR R165**  
**SAVE R153**

# Liquid GOLD

The **Matrix Oil** (10ml) feeds the nail where it needs a boost the most – in the matrix.

- ✓ **Vitamins A, B, D and E, Kelp** and **Calcium** promote nail growth, strength and vitality.
- ✓ **Carrot, Grapeseed** and **Jojoba** oils nourish the skin around the nail and promote cell regeneration.
- ✓ **Wheatgerm**, a natural Vitamin E carrier, stimulates the formation of new skin cells.
- ✓ **Sweet Almond oil** softens and soothes the skin.

*“This product has given me long, beautiful, natural nails that don’t break.” – Claudette*

**ONLY R89**  
**SAVE R90**



# YOUNGER hands

Take years off your hands with **The Refining Balm** (75ml). A luxurious blend of moisturising Avocado and skin-brightening Lime Blossom, it has a lovely, fresh scent and leaves hands feeling deeply conditioned. Use it daily to:

- ✓ HYDRATE AND NOURISH
- ✓ RESTORE RESILIENCE
- ✓ IMPROVE ELASTICITY
- ✓ REFINE TEXTURE
- ✓ EVEN OUT SKIN TONE



*ANTI-AGER!*  
*“A wonderful product that makes my hands look younger. My skin tone and texture has improved greatly; and it has helped to minimise the discolouration caused by age spots.”*  
*– Nadia*

**2 FOR R169**  
**SAVE R169**



# A scent to inspire

ONLY  
R219  
SAVE  
R230

*Sensuality* and *femininity* live side by side in this fresh floral fragrance for the classic, modern woman.

**Sh'Zen 25** (50ml) has top notes of brilliant white flowers, matched by a floral heart enveloped in iris, wood and mystery, with vanilla and amber lending warmth to the base notes.

*"I absolutely adore this fragrance. When I walk into any room I always get compliments and the scent really makes me feel feminine and alive!" – Lynn*



**www.shzen.co.za Cape Town** 021 704 2940 **Port Elizabeth** 041 364 0877 **KwaZulu-Natal** 083 283 3278  
**Gauteng** 011 262 3100 **Welkom** 072 833 6179 **Namibia** +264 (0)81 394 0939

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